

Activities Unlimited

Volume XXVII Issue VII

AUG, 2013

Activities Unlimited General Meeting

There is no General Membership Meeting in August, enjoy the rest of your summer!

The next General Membership Meeting will be on **Tuesday, September 17th**. This is once again on the third Tuesday of the month. This occurs due to a conflict with a Wyckoff Reformed Church Nursery School Program.

Our October 8th General Meeting will be the Members Annual Breakfast at the Brick House in Wyckoff, starting at 9AM. The cost continues to be \$9 per member. Please mail your check to **Ramon Casaprima**, 46 Walnut Street West, Mahwah, NJ 07430. as soon as possible.

Note from the President

The ability of AU to meet the social and recreational needs of its members rests almost completely on our twenty some clubs / activities such as the bridge groups, tennis, golf, investment and public discussion groups, to mention only a few. Each of these clubs / activities functions as well as they do because of the many dedicated chairs who work diligently to make necessary arrangements, plan meetings and attend to numerous details. Many of these dedicated chairmen have served for multiple years and the continued functioning of these activities depends on other members willing to step up to provide the necessary future leadership. If you have a particular activity that you especially enjoy, consider volunteering to provide leadership to that activity. If interested please contact any of the AU Officers.

There is no membership meeting in August. Enjoy the remaining summer weeks. The September meeting is on the **THIRD** Tuesday, September 17th, again due to a conflict with Church scheduled activity.

Food Pantry

At the July meeting, \$\$80.00 was given as donations to the Food Pantry.

October Breakfast

A reminder, that this year, AU will again hold its annual Breakfast Meeting at The Brick House in Wyckoff, New Jersey. The particulars are as follows:

Date: October 8th

Place: The Brick House, 179 Godwin Avenue, Wyckoff, New Jersey

--Coffee service will be available starting at 8:30AM

--Breakfast Buffet will open at 9:00AM

(tables will be randomly called)

--\$9.00 cost per member

Don't miss this once a year opportunity to join your AU friends, and friends to be, and share with them a memorable Breakfast Meeting. As in past years, we are making arrangements for a Guest Speaker; additional details will be available shortly.

We are already accepting reservations for what is usually a well attended affair. We therefore request you please get your checks in early, as this will help us to avoid last minute problems associated with processing a large number of checks. Your check for \$9:00, should be made payable to Activities Unlimited. Either bring your check to the next meeting or send it to: **Ramon Casaprima**, 46 Walnut Street West, Mahwah, New Jersey 07430 (Telephone: 201 891 3394)

We look forward to seeing you all at the Brick House, October 8th.



Duplicate Bridge Results

		1st	2nd	3rd
7/3	NS	Crawford/Desrosiers	Page/Reed	Milcos/Smith
	EW	Lewis/Warner	Hausman/Wiest	Coughlin/MacDougall
7/10	NS	Smith/Verdi	Wiest/Desrosiers	Finn/Mahmarian
	EW	Page/McGuire	Freimuth/Reed	Meloro/Lubicich
7/17	NS	Boylan/Reed	Martin/Warner	Finn/MacDougall
	EW	Desrosiers/Lubicich	Meloro/Mahmarian	Gattoni/Lodge
7/24	NS	Levin/Riccardi	Martin/Wiest	Hulit/Warner
	EW	Reed/Smith	Page/Verdi	Coughlin/Freimuth
7/31	NS	Foley/Wiest	Crawford/Finn Lubicich/ Mahmarian	—
	EW	Christie/Reed	Coughin/Warner	Desrosiers/Lodge

Duplicate Bridge Six Month Results

1	Quent Wiest	22	54.29%
2	Jim Finn	19	53.24%
3	George Lewis	17	52.43%
4	Dick Freimuth	19	52.37%
5	Jim Reed	21	52.16%

For the complete results, see page 5.

Your Help is Needed

As Historian of AU I am asking for the help of our membership. The Club requires that there be a backup for each group activities. This is required in the event a chairman becomes unable to carry on the activity due to illness, moving out of the area or passing on. This provides an even transition of the activity in the event something should happen. I am asking any of our members who have an interest in this subject, in preserving AU history to please call me any day from 9AM to 8PM @ 201-891-7185. I will be happy to show and explain what's involved as the Historian.

Dom Manobianco

The deadline for **Sep., 2013 Newsletter** articles is **August 31, 2013.**

Send to:

Email: lguarneri03@gmail.com

Or mail to: **Lou Guarneri**
128 MacLeish Court
Mahwah, NJ 07430

Visit AU's website: www.activitiesunlimited.org

	OFFICES		MEETING
President	Frank Nusspickel	201-891-9099	2nd Tue 11am
1st Vice-Pres.	Herb Umland	201-891-6638	
2nd VicePres.	Ray Casaprima	201-891-3394	
Secretary	Ed Chanod	201-891-1995	
Treasurer	Dick Hensch	201-891-1309	
Asst. Treas.	Ed McGuirk	201-445-5729	
	COMMITTES		
AU Guys	John DeSantis	201-447-0256	
Book Club	Joe Clinton Joe Infosino	201-447-2261 201-337-5442	Wed after the AU General Meeting 9:30
Dup. Bridge Rub. Bridge	Joe MacDougall Wes Cheringal	201-891-4048 201-848-8009	Wed 1 pm M,F 1 pm
Care-Concern	Joe Clinton Paul Hennion Don Martin	201-447-2261 201-891-4716 201-891-2279	
Chaplain	Rev. D. Bach	201-891-1782	
Chess	Bill Schultz	201-891-5327	3rd Thru 9:30
Computer	Don Kirkpatrick Ed Schlachman Fred Theile	201-337-5666 973-423-1459 201-625-7541	3rd Wed. 10:00
Gardening	Joe Lamela	201-327-8137	1st Wed.10:00
Golf	Bruno Bissetta Guy Cappello	201-891-7567 201-891-0617	Tuesday Thursday
Hiking	Don Kirkpatrick	201-337-5666	Mon 9:00
Historian	Dom Manobianco	201-891-7185	
Investment	Herb Umland	201-891-6638	2nd Thru 9:30
Model RR	Don Cardoza	201-337-3417	Wed. 7PM
Membership	Dick Gattoni Walt Widmer	201-652-0064 201-562-8666	
Newsletter Distribution By	Lou Guarneri Ed Schlachman	201-847-1981 973-423-1459	
Project Out- reach	Marty McGonigle	201-529-1941	
Photographer	Chuck Bainbridge	201-447-2910	
Public Disc.	Walt Widmer	201-562-8666	4th Fri 9:30
Refreshments	Hank Boucher Jim Forbes Howard Vogel	201-445-2633 201-825-0523 201-612-2237	
Science	Jack Yurasek	201-337-4433	3rd Tues 10.00
Skiing	Bud Brooks	201-327-6649	Snow
Sponsor Liaison	Mike Wolff	201-891-4426	
Stock Market	Ramon Casaprima	201-891-3394	2nd Tues. 9:00 4th Tues. 9:00
Tennis	Dom Manobianco	201-891-7185	MWF
Transport.	Ron Miller	201-891-5734	
Trips/Tours	Lou Guarneri George Lewis	201-847-1981 201-891-5883	2nd Tues 10:30
Web-Master	Don Kirkpatrick	201-337-5666	

Welcome New Members

Name (Spouse)	Address	Employment	Interests	Home/Email
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The Chess Club

The AU Chess Club meets monthly on the third Thursday from 9:30—12 Noon. Due to the small group of chess players we meet at **Bill Schultz's** home 9/10ths of a mile from the WRC. The games are played on an informal social basis and are unhurried and congenial. Unlike bridge, backgammon or gin, the factor of chance or the luck of the draw are not issues in chess. It purely exercises the mind and the cerebellum resulting in improving memory retention thus eliminating the necessity of prescription medicines to counter memory loss and Alzheimer problems. Games are played in front of the fireplace, at the kitchen table in view of several bird feeders or in the family room overlooking the green acres forest trees. Players need not be professional and most are in need rehabilitation and refresher courses. For more information or to schedule a game contact **Bill Schultz** (201) 891-5327.



Public Discussion Group

The Public Discussion Group meets the 3th Friday at 9:30 am of each month at the Larkin House. We are a congenial group of individuals who enjoy exchanging their views on selected topics from current events. The opinions range sufficiently to stimulate very broad views on any and all topics. Join us for good discussions or just listen and observe. All are welcome.

Topics for August 16th are: the New York Election, The Budget for Congress, The after effect of the Zimmerman Trial. We have moved our meeting date from the fourth Friday to the third Friday of the month.



Investment Study Group

Our group will **NOT** meet during the month of **August**. Please mark your calendars now for our Fall Meetings:

- 1) Sept 12th,
- 2) Oct 10th,
- 3) Nov 14th, and
- 4) Dec 12th.

You will receive emails regarding topics and speakers as we get closer to each respective date.

ENJOY THE SUMMER!

Herb Umland

Questions call Herb 201-891-6638



The Garden Club

During the individual sharing phase of our July meeting, **Peter Griffin** explained the use of a deer alarm.

Don Wasson introduced the use of the Pesche digging tool.

Dan Yandrasavich reported on his successful moss growing project.

Art Capello alerted the group on precaution to consider in avoiding Lyme Disease.

A fabulous foliage plant was recommended in home landscapes which offers a splash of pale pink and cream called "Salix Hakuro Nishiki". Also suggested, is the allium bulb plant, an onion family, purple and pin, globe beauty which blooms in spring and is deer resistant.

Members reviewed contractors currently used by members and their level of satisfaction with the services.

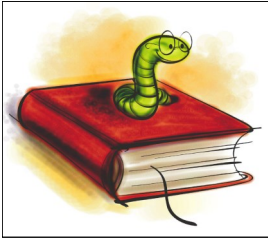
The group reviewed the advisory to leave lawn clippings, thereby returning nutrients to the soil.

A future local trip possibility is a visit to the herb garden at the Hermitage in Ho-Ho-Kus.

Have a gardening question.? Call the Master Gardner Helpline, from April – October 9:30 – 12 noon at 201-336-6783 & 6784

The next meeting of the Garden Club will be on Wednesday, September 4th at 10 AM at the WRC.

Have a healthy, safe, happy summer.



The Book Club

Joe Pullaro opened the meeting by giving a mind boggling account of what life in the near and distant future will be like, based on future technologies as outlined in *Physics of the Future* (Michio Kaku). Kaku, a professor of theoretical physics at CCNY, interviewed 300 scientists working on the research presented. This expansive view covers the future of computers, medicine, energy, space travel, wealth, humanity, nanotechnology, and artificial intelligence. Kaku then brings it all together in a chapter describing a day in the life in 2100. Some of these marvels include driverless cars, controlling computers with our minds, software "robotic doctors" able to diagnose most ailments, reprogramming one's genes, and reversing aging. Kaku also discusses how all this will impact the job market and economy. Although he talks mostly about the elimination of very repetitive jobs, some of us felt the impact will be more severe than that. This is a well written book, geared to the layman. Each subject stands alone. Fascinating stuff.

Darwin: A Portrait of a Genius (Paul Johnson) was introduced by **Joe Clinton**. This is a brief biography of Darwin and an overview of the theory of evolution. There were a number of theories on evolution kicking around before Darwin embarked on his five year journey of exploration as the resident naturalist aboard H.M.S. Beagle in 1821. But Darwin came up with the "how" of evolution: the theory of natural selection. Darwin did not have *The Origin of Species* published until 1859, for two reasons. He was concerned about the reception it would receive, especially from the Church of England, because of its controversial nature, and secondly, he was meticulous about seeing that his findings were airtight and above criticism. Darwin was born into a wealthy family and remained independently wealthy throughout his life, so he was never under any financial pressure. As it turned out, his book was well received and hailed as a scientific masterpiece. Also, the Church, at that time, was not offended. Darwin's later book, *The Descent of Man*, was not as well received. Though he was skilled in the realm of plants and animals, the same could not be said about the realm of humans. Anthropology was not his strong suit. Johnson is a historian, not a scientist. "Darwin" is heavy on biography and light on science, but it is informative and an enjoyable read.

Who climbed Mount Everest first? *Paths of Glory* (Jeffrey Archer), introduced by Lee Warner, is a novel based on a historical event whose outcome is somewhat clouded. It is generally accepted that Sir Edmund Hillary and his Sherpa guide, in 1953, were the first to reach the summit of Mt Everest. But were they? In 1924, George Mallory, the subject of this novel, making his third attempt at climbing Mt Everest, was last seen 600 feet from the summit. His body was found in 1999, and it still remains a mystery whether he ever reached the summit. This story describes in detail preparations, including the weighty gear and clothes of that era, needed in mountaineering, and the perils that await climbers. The novel also touches on WW1, its effect on the common people in Great Britain, and includes a touching love story between Mallory and his wife, Ruth. In fact, He intended to place a picture of Ruth on the summit.

The Book Club will not meet in August. Our next meeting will be Sept. 11 at 9:30 am at the Larkin House in Wyckoff.

There are no books on tap for Sept. Instead, we are asking that all members recommend two books in Sept., which will create a list from which we can draw when we have insufficient book recommendations in any given month.

Joe Clinton

bhagan185@aol.com

AU Web-Site

The AU Web-Site has been live for over six (6) months and I thought it would be a good time to provide the Activities Unlimited members with an update as to what has been included on our new web-site. To access the AU Web-Site go to www.activitiesunlimited.org

The AU Web-Site contains the following sections:

Home Page – consists of a message from the president and highlights some key organizational updates and interested items on our members.

Activities Pages – there is a summary page of all AU activities with links to each individual activity where the details of each activity have been highlighted.

Calendar – a full annual calendar is maintained that highlights when each activity meets.

Newsletter – a copy of each newsletter is available back to January 2012

Trips and Tours – an updated list of all planned trips and functions is maintained.

Membership – this section contains About Us, Officers, Membership (including the Roster (user ID and Password required) and Constitution information.

Contact Us – this page allows members and non-members a way to contact the Web-Master ... the response is acted upon immediately.

Additional, we have just added a section where pictures will be displayed for each function as well as for individual Trips and Tours activity. Please visit our web-site and let **Donald A. Kirkpatrick** know about the things you like or dislike and the things that should be added in the future ... he can be reached through the Contact Us page or via email at dakirkpt@verizon.com or by phone 201-759-3795.

Duplicate Bridge Six Month Results

Position	Players	Played	Average	Highest and Lowest scores					
1	Quent Wiest	22	54.29%	73.00%	62.96%	62.50%	45.50%	42.92%	37.33%
2	Jim Finn	19	53.24%	60.67%	60.19%	60.00%	48.15%	44.44%	39.58%
3	George Lewis	17	52.43%	65.74%	58.33%	57.67%	47.67%	47.08%	41.20%
4	Dick Freimuth	19	52.37%	62.96%	60.00%	58.33%	45.83%	45.36%	43.98%
5	Jim Reed	21	52.16%	60.83%	60.42%	58.00%	45.37%	44.33%	43.00%
6	Joe Riccardi	13	52.01%	66.67%	57.41%	56.00%	46.30%	46.25%	45.83%
7	Lee Warner	22	52.00%	65.00%	61.00%	60.00%	44.17%	38.89%	36.00%
8	Tom Meloro	23	51.59%	66.67%	65.00%	60.00%	44.17%	44.00%	38.67%
9	Bill Milcos	21	51.39%	64.00%	60.42%	59.58%	44.00%	41.67%	36.33%
10	Bill Smith	23	50.28%	58.33%	55.83%	55.00%	45.37%	42.59%	40.50%
11	Rich Green	14	49.84%	60.67%	58.33%	57.33%	42.59%	42.59%	38.43%
12	Joe MacDougall	24	49.67%	60.83%	57.50%	56.48%	40.50%	36.57%	35.00%
13	John Hausman	22	49.31%	58.33%	57.08%	57.08%	41.33%	39.81%	38.75%
14	Don Martin	24	48.87%	56.94%	55.42%	55.42%	40.50%	40.50%	33.00%
15	Charlie Christie	14	48.80%	59.50%	57.50%	54.50%	38.67%	37.96%	36.33%
16	Charlie Page	24	48.71%	60.33%	59.72%	58.80%	37.96%	37.67%	30.83%
17	Paul Levin	21	47.97%	58.33%	57.87%	56.48%	37.67%	35.00%	33.50%
18	Dick Gattoni	22	47.85%	61.00%	57.41%	56.00%	41.67%	39.00%	33.50%
19	Jim Chapman	13	47.34%	59.72%	57.87%	53.33%	42.00%	36.57%	36.11%
20	Jack Coughlin	21	46.97%	57.87%	56.25%	56.00%	39.81%	38.67%	37.67%
21	John Verdi	24	46.91%	59.72%	57.50%	56.00%	37.96%	33.00%	30.83%
22	Wid Crawford	24	44.14%	57.67%	55.56%	54.17%	36.25%	36.11%	36.00%

Note that no S/C meetings will take place in August.

September 24—Evolution, And More--**Walt Widmer & Bob Saletta**

Their talk will follow up on a presentation by Walt last year based on a DVD entitled 'Darwin's Dangerous Idea', with emphasis on the earliest stages of evolution and cosmology.

October 15 --Unfortunately, our planned trip to LAMONT-DOHERTY Earth Institute, Palisades, NY has to be cancelled. George Becker who is a Board Member, and has in the past arranged Speakers and Trips has been informed that there will not be an Open House this year. He is in contact with Lamont, and hopefully a visit will be possible in the future. The presentation for the October Meeting will be announced at the September Meeting.

November 19—Dr. Ron Cauchard (an Optometrist whose Office is in Wyckoff) has offered to return, and will update us on cataract and glaucoma eye issues. His talk again will emphasize 'early detection' of these problems, which are of special importance for seniors.

December 17—John Dyksen of the 'United Water', our local (and now global) Company will speak to us about water technology including desalinization and other recent developments.

Thank you to all those who prepared and helped on our presentations and trips this last year, and please contact me for information on future meetings and trips.

JACK YURASEK (201-337-4433)

The Science Club



Science



The Computer Technology Club

The July 25, 2013 meeting for the Computer Technology Club had 24 AU Members in attendance which included some new members. The net is that we have over 30 now involved with this new AU Activity.

The meeting covered an analysis of the top 3 Internet Browsers ... this included Internet Explorer, Firefox and Google Chrome. Next we reviewed "backing up" the hard disk on your computer to either another location on your hard disk or to an external source ... this included either an external hard drive or to the cloud. As part of that discussion we explored the use of the EaseUS To Do Backup software as an example of third party software available. And, lastly we looked at Google Analytics as a tool to determine activity on the AU Web-Site. Throughout the entire session many questions were fielded based on the presentation. This was followed by some general questions that ended our meeting.

Based on the consensus of those in attendance it was decided that the next meeting should address Anti-Virus software ... we will look at Norton, McAfee and several of the free anti-virus software packages available to the general public. We will conclude with a general question and answer period.

As an adjunct to the information presented at each meeting we will be creating a section on the AU Web-Site that will house detail information on Computer Tips and Other Items presented ... this will provide all AU Members a source for useful information on how to better utilize their computers in the future.

Also, several members asked if we could setup some one-on-one time to answer individual member's questions regarding their own computers ... this will be explored and hopefully by September we can have something setup to accommodate this request.

Our next meeting will be on Thursday, August 22nd at 10AM ... the reason for the change is that the AU Stock Club is meeting on the third Wednesday in August. The meeting should be about ninety (90) minutes long.

Donald A. Kirkpatrick (201-759-3795) or dakirkpt@verizon.net

Trips, Tours & Special Events Calendar

Checks for these events, payable to Activities Unlimited accepted at the monthly meeting.

Thursday, August 8, 2013 - Westchester Broadway Theatre - Because of popular demand, the Theatre's run of the Rogers & Hammerstein musical THE SOUND OF MUSIC has been extended for an additional two weeks. We have been offered our same preferred seating but for the Thursday, August 8th performance of the Sound of Music, which we accepted at the same price with no other changes. Bus transportation is included, with departure from the Wyckoff Reformed Church parking lot at **9:30 AM on Thursday, August 8, 2013**. Meal selections will be at the Theatre, with five different food offerings available. We shall return about 4:00 PM. Standby reservations are currently being accepted, as the trip is presently "sold out". Contact **Ramon Casaprima** at 201-891-3394 for additional information.

Thursday September 5, 2013 AU's Annual Wine Tasting Party. Wine and Appetizer Social at the Brookside Manor Clubhouse, which is about 5 minutes from the Wyckoff Reformed Church. There will be wine tasting and plenty of appetizers (Shrimp, Chicken, Swedish Meat Balls, Pigs in a Blanket, just to name a few, plus beer & soda). No one will leave hungry. It will run from 6:00 PM to 9:00 PM. The cost is \$35.00 pp. This social will be limited to 50 people because of the size of the clubhouse which is perfect for everyone to mix and socialize in a nice atmosphere. Please sign up ASAP to reserve your place for this party. Make checks payable to Activities Unlimited no later than August 15th, and send them to **George Lewis**, 45 Walnut Street West, Mahwah, NJ 07430. (201) 891-5883

Thursday September 19, 2013 San Gennaro NYC Trip- The 87th Annual Feast of San Gennaro will take place for 11 days, on the streets of historic Little Italy, the lower Manhattan neighborhood which served as the first home in America for hundreds of thousands of Italian immigrants. Experience the "Taste of Italy" with street food delicacies, charming restaurants or just sample delightful Italian pastries and desserts at one of the many cafes **on your own**. The cost will be \$16.00 pp., which covers the bus transportation. Bus leaves WRC at 4:00 PM sharp and departs N.Y.C. at 9:00 PM. Send check to **Don Wasson**, 14 Appert Terrace, Mahwah, NJ 201-891-1873 payable to Activities Unlimited.

Thursday October 10, 2013-- OKTOBERFEST, at The Royal Manor, 454 Midland Ave. Garfield, NJ,-- Driving directions Rte. 17S to Essex St W. 2 miles to Midland Ave. South 2 miles to Royal Manor. 8 miles from GS Mall. Show starts at 11:30 am to 3:30 pm. Includes a German Band, Dancers & Bell Ringers. The menu starts with Salad, Soup, Knockwurst, Chicken, Vegetables, Coffee & Dessert. 2 Complimentary Drinks & Free Soda. Beer & Wine \$1. per glass. Cost \$45. pp. Make checks payable to AU & mail same to **Larry Restieri**, 105 Fisher Rd. Mahwah, NJ. Tel: 201-825-5843

Nov—No Events Scheduled

Tuesday December 17, 2013 Christmas Party at The Seasons

December—A trip to West Point is in the works.

2014

March 10th 2014 - Costa Rica This is a 13 day private motor coach guided tour of the natural wonders of the most biologically diverse countries in the world. From powerful volcanoes and black sand beaches to tropical dry forests and mangrove jungles. The cost is \$2,395 pp. which includes airfare from Newark, all accommodations, 22 meals, 9 included tours. This trip is very popular and we are **very limited** on the number travelers we can take. There are a few single spots open at the same price. If you are interested in going, please contact **Don Wasson 201-891-1873 (donwas@verizon.net)** as soon as possible for details and booking instructions.



First-Class Mail